

Circle of Security Parenting

For Fathers



"It's never too late. As we are learning new ways of parenting, good things will happen for both us and our children."

Cooper, G.; Hoffman, K.; Powell, B.

**Wednesdays,
8th May - 26th June**

Time 6pm - 7.30pm

Venue

Seaton North
Neighbourhood Centre,
Cnr Cairns Ave & Pedlar St,
Seaton SA

Cost FREE

For enquiries & bookings

Michael Hocking
Phone 8234 5219 or
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Join us for an 8 week parenting program

This 8 week course translates attachment theory in an accessible way for participants, using group discussion and DVD examples. Circle of Security Parenting provides a roadmap to assist adults build stronger relationships with their children.

This course will cover a range of topics including:

- How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child engage more in play and learning
- How to navigate your way as a parent when times are tough
- How to support your child in managing difficult behaviours
e.g. tantrums, attention seeking, being clingy.



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