



# Circle of Security Parenting for fathers

**Wednesdays, 25th October to 13th December 2017**

**Time:** 6pm - 7.30pm

**Venue:** Seaton North Neighbourhood Centre, Cnr Cairns Ave & Pedlar St, Seaton\*

**Cost:** FREE

Fathers and male caregivers are invited to join this free 8-week program offering the core components of the evidence-based and internationally acclaimed Circle of Security Parenting Program.

Led by our experienced program facilitators, Circle of Security Parenting for Fathers provides men with a practical roadmap to assist them in building stronger relationships with their children.

**This course will cover a range of topics including:**

- How to interpret and understand your child's behaviour
- How to help your child organise their feelings
- How to help your child engage more in play and learning
- How to navigate your way as a parent when times are tough
- How to support your child in managing difficult behaviours e.g. tantrums, attention seeking, being clingy.

Circle of Security Parenting for Fathers is a part of Gowrie SA's Fatherhood Support Project. Please feel free to contact us with any enquiries or to book into the group.

**"It's never too late. As we are learning new ways of parenting, good things will happen for both us and our children."**

Circle of Security Parenting  
Cooper, G; Hoffman, K; Powell, B.

**For enquiries & bookings**

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 UnitingCare  
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 Communities  
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*\*Please note: an alternate venue in Thebarton will be used for sessions 2 & 7. Details will be provided to participants.*

Communities for Children  
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Government Department of  
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South Australia