

Directors Leadership Retreat

Less than 10
places left!

Start 2019 with you!

Take this opportunity to look after your own wellbeing, find clarity in your direction and priorities as a director, discover ways to minimise stress and workload and plan for the workplace culture you want to create in 2019.

Monday, 4th and Tuesday, 5th February 2019

Our two day leadership retreat will be the perfect mixture of professional growth, recharging, personal wellbeing and defining your leadership goals for 2019.

Guests will include:

- Uncle Ivan Tiwi-Copley - Welcome to Country
- Anne Rodgers - bespoke workshops on mindfulness
- Candida Vassallo - certified yoga instructor, exploring core values
- Ailsa Zadow - naturopath specialising in self-care
- Cathy Cameron – exploring vision, values and goals
- Dr Kaye Colmer – focus on being leaderful and embracing change

Location: The Manna of Hahndorf, 25 Main Street, Hahndorf

Cost: \$800 per participant*

*CCCSA will be sponsoring this special event up to the value of \$100 per Director. Final amount will be determined depending on bookings.

Cost includes: Welcome to Country, all guest speakers, lunch, morning and afternoon teas and all resources for the sessions.

Accommodation will be offered at a discounted rate and meal offers at the conference venue will be available for dinner.

Day one:

- Mindfulness and goal setting
- Thinking about vision, values and goals for 2019
- Leaders taking a proactive approach: Leading for organisational culture
- Healthy mind body and soul.

Day two:

- Exploration of core values
- Leaders building teams - how professional relationships among staff are the foundation for achieving organisational goals
- From vision to new practice: Progressing your professional goals to action
- Mindful finish.

Please direct registrations of interest or queries to:
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Gowrie
South Australia