



Gowrie SA

Encircle

Parenting Program

Free

Whyalla

It's on again!....

Gowrie SA is again offering our **FREE** program called **Encircle Parenting** that may be of interest to you having undertaken the Circle of Security Parenting (COSP) 8 week program.

We are inviting you to this practical program which revisits the concepts as presented in the COSP program in a supported informal play session. This program provides practical support for parents on how to make sense of and practice the ideas from COSP.

The program will be held on **Thursday afternoons** from our playgroup space at Bunyarra, corner of Nicholson Drive and Racecourse Road and delivered by Carmen in partnership with Casey. We anticipate this starting at the beginning of May for 6-8 weeks.

For more information:

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Whyalla Playgroup

In case you were not aware, Gowrie SA in Whyalla are now located at Bunyarra. Weekly playgroup sessions are held on **Wednesday afternoons** from 1pm-4pm and **Thursday mornings** from 10am-12pm.

We also run a popular innovative seasonal monthly session the **first Wednesday of the month** from 9.30am-11.30am from various locations including the Stuart High School.

Check out the **Gowrie SA website** for all details
<http://www.gowriesa.org.au/parenting-programs-whyalla>

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Gowrie
South Australia

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