



Mental health in middle childhood (OSHC)

This **new** session at Gowrie SA focusses on children's mental health and is facilitated by **Cecilia Ebert**, an experienced and qualified Infant Mental Health and Social Work professional.

As an educator in OSHC you play an important role in the lives of the children attending your program. Your involvement, presence and commitment will contribute to the mental health and wellbeing of children.

The session will:

- Explore the meaning of the term mental health
- Identify issues that could impact mental health in middle childhood
- Discuss your role: What can you do? What shouldn't you do?
- Reflect on the language we use regarding stereotypes and mental health stigma.

Wednesday, 2nd May 2018
9.30am - 12.30pm

Cost: \$88.00 p.p.

Register at:

<http://bit.ly/mental-health-oshc>

Location:

Gowrie SA

Professional Learning Programs
43 Dew Street, Thebarton



Gowrie
South Australia