

*For Families*

# Toilet Training:

*We got this!*

Achieving independence with toileting is a milestone in any child's life and parents and other caregivers have a powerful role to play in this transition. However, toilet training takes time and there can often be challenges.

This session will provide an introduction to toilet training with an overview of typical development. There will be a range of tips shared about preparation and methods to set up for toilet training success that will enable families to achieve great outcomes.

**This 2 hour workshop will cover:**

- Typical development of continence
- Issues that impact on the acquisition of toileting skills for children
- Positive toilet training strategies and ideas
- Management of problems that may arise.

**Teaching and learning strategies will include:**

- Group discussions
- Presentation with handouts
- Resource display
- Opportunities for questions.

**Monday, 15th October 2018**

5.30pm - 7.30pm

**Location:** Gowrie SA, 43 Dew Street, Thebarton

**Cost:** \$50 per participant

**Presented by:** Debbie Atkins, Occupational Therapist

**Register at:** <http://bit.ly/tt-wegotthis>

(Note: No crèche will be provided for this session)



**Debbie Atkins**

Debbie is an occupational therapist with over 20 years experience working within a community based paediatric service and private practice in Adelaide.

Debbie has developed specialist knowledge with the implementation of toilet training programs, with a particular focus on toilet training for children with developmental disabilities and management of complex toileting problems.



**Register at:**

<http://bit.ly/tt-wgt-families>



**Gowrie**  
South Australia